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**MIRAVAL® ARIZONA ADDS 16 NEW GUEST ROOMS:  
*Designed for Sustainable Living by Mithun***

TUCSON, AZ – The award-winning destination spa, Miraval® Arizona announces the addition of 16 sustainable guest rooms. Miraval maintains its commitment to both growth and sustainability with these new guest rooms, each designed to be environmentally conscious. A desert paradise providing the ultimate in balance, mindfulness and wellness, Miraval is now able to accommodate an increased number of guests and provide them with unique and luxurious experiences.

Adding to the existing 102 guest rooms, these 16 additional sustainable rooms were designed by Mithun, a national leader and advocate for sustainable design. This design firm works to deliver healthy environments, which reflects Miraval's mission to help people live and feel better. To integrate sustainable living at Miraval, Mithun maximized the benefits of the Sonoran Desert's unique properties, focusing on strategies to conserve natural resources, reduce waste and promote wellness.

The new guest rooms will be composed of fourteen standard rooms and two suites. The standard rooms will measure 595 square feet and the suites will measure 898 square feet, both larger than the existing standard guest rooms. Rammed earth, one of the most environmentally responsible building materials made from the desert's sandy soil and a small amount of cement was used to create the rooms' simple yet, luxurious shell walling. All of the rooms boast a simple elegant decor that incorporates earth tones and natural materials to connect guests to the landscape around them.

"Miraval is in the midst of an extensive enhancement initiative at the flagship Tucson property," states Miraval Arizona's General Manager, Michael Tompkins. "These new luxurious, sustainable rooms will provide a vibrant experience for our guests and will help them to connect to the beautiful Arizona surroundings."

Creating a sense of place, the new guest rooms face a pristine view of the Sonoran Desert framed by the Catalina Mountains. Open spaces, both indoors and outdoors, allow for natural light, air and sounds that are only enhanced by the breath-taking desert landscape. Protecting this surrounding landscape, decomposed reddish-brown granite paths match the terrain and native plant species, such as old growth Saguaro cacti, were selected that do not require irrigation. Also, the new guest rooms are outfitted with outdoor showers made from local adobe clay, sand and straw that was dried in the desert sun. Mexican river rocks were used for the shower floors to mimic a river bed for natural drainage.

The materials used for each room were selected for their sustainable qualities including non-toxic, low VOC paints, water based adhesives, and rapidly renewable, local resources. This choice reflects Miraval's overall commitment to sustainable practices and utilization of local ingredients, such as their spa cuisine which focuses on natural, organic ingredients or the adobe block walls and landscape materials native to the Sonoran Desert. Each new room will include high performance heating and cooling systems, a solar hot water heater capable of supplying hot water on demand, and low flow plumbing fixtures to increase energy and water efficiency. The rammed earth walls and high-albedo roof coating effectively control temperatures of the rooms to keep cool interiors during the day and warm interiors at night.

These state-of-the-art design features will offer guests the most comfortable, rejuvenating and environmentally conscious stay, deepening their connection to the nature and to themselves. In creating a destination that exists harmoniously with the natural world, Miraval Arizona hopes to facilitate the pursuit to live fully and live better, encouraging guests to be mindful of the world around them and to live in the moment.

### **About Miraval**

Miraval® is the innovator in living and feeling better. Created in 1996, Miraval's flagship resort in Tucson, Arizona has been consistently rated the #1 Destination Spa by SpaFinder Magazine, Travel + Leisure, Zagat Survey and Conde Nast Traveler. Miraval, a proponent of choice, offers over 150 uniquely vibrant programs and activities, all of which reflect Miraval's core philosophy of living life in the moment. The brand is expanding its reach through its network of prestigious specialists and its creation of fully integrated inspired living communities, beginning with the introduction Miraval Living, New York in 2007.

Revolution Living, launched by Steve Case in 2005, is Miraval's majority owner. Revolution seeks to drive transformative change by giving consumers more choice and control, thereby enabling everyone to live healthier, better lives.

For further information or reservations, please call 800-232-3969, or log onto [www.miravalresorts.com](http://www.miravalresorts.com).

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